**[Sky News With Colin Brazier](https://scout.tveyes.com/)**

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* [Sky News](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

Physically demanding jobs and shift work have been linked to lowered fertility in women. Researchers in the US found women whose work involved heavy lifting, and those working evening or night shifts, had a lower reserve of eggs. Their findings were drawn from women attending a fertility clinic, so may not apply to those trying to conceive naturally.